



What to pack for a trip with a toddler (1-3 years) by katytravelblog.com

Bath	
Towel	
Bath oil/soap	
Bath sponge	
Moisturizing cream / massage oil	
Bath toys	
Bucket/cup if showering in a standing shower	

Medicines	
Thermometer	
Paracetamol – *in carry-on	
Nurofen – *in carry-on	
Sterile eye wipes	
Band-aids	
Diaper rash cream	
Saline spray for congestion	
Mosquito repellent (test on skin before travel)	
Wipes for post-bite irritation	
Tyto	
Request prescriptions from the doctor before travel (pack all in carry-on)	
Ear drops (also for takeoff and landing) - *in carry-on	
Eye drops / eye ointment	
Fenistil drops	
Antibiotic ointment (Syntomycin) for cuts/scratches	
Vermox	

Food	
Formula – if not drinking regular milk	
Bottles – *in carry-on	
Bottle for boiled water – *in carry-on	
Fruit and vegetable smoothies	
Dish soap	
Lemon salt to clean hotel kettle	
Feeding bib	
Cutlery	
Highchair adapter for restaurants	
Water bottle (2)	

Sleep	
Sleep sack/blanket	
Crib sheet - 2	
Monitor (camera + screen) - if staying in a room with a balcony and you want to sit outside in the evening	
Pacifiers - *in carry-on	
Toothbrush	



Toothpaste	
Books (2-3)	

Diapering (pack half in carry-on/on-board bag)

Diaper cream	
Wipes - one pack for every 4 days of travel	
Disposable changing pads	
Diapers – 10 per day	
Foldable potty if potty-trained	
Bags for potty	

Laundry

Laundry bag	
Laundry detergent (for laundry service use if needed)	
Fabric softener (for laundry service use if needed)	
Clothespins if there's no dryer	

Flight

Always dress the child in long pants and bring socks – airports are cold places!	
Passport!	
Always pack change of clothes – at least two sets	
Bag for stroller	
Flight toys: stickers, papers and markers, window-suction toys, small toys for seated play, etc.	
Carrier if still in use – bring to cabin!	
Inflatable cushion to extend seat if there's a free seat	
Flight blanket	
Pacifier with strap	
Socks for flight	

Swimming

Swim diaper – 2 for each day near sea/pool	
Swimsuit - 2	
Sun Hat	
Sunscreen: face and body	
Beach towel	
Arm bands / floaties	
Pool toys	

Toys

3-4 favorite toys from home, such as: - Puzzle - Small Lego set - Toy cars - Favorite doll	
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General	
Large cloths – 5	
Nail clippers	
Rain cover for stroller	
Clothes – 2 outfits per day	
Underwear – 2 per day	
Socks	
Shoes – 2 pairs	
Pajamas (2-3)	
Warm clothes (even for warm destinations, take one warm set)	
Stroller blanket	
Comb	
Hair ties	